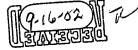


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Si sonel.

3. (Nwice Amended) The method as defined in claim 1, wherein when the transmission rate of the first party decreases the second party will decrease a frequency of power control commands to be sent to the first party and, correspondingly, when the transmission rate increases, the second party will increase the frequency of power control commands.

- 4. (Twice Amended) The method as defined in claim 1, wherein the power control command is formed of a plurality of bits and when the transmission rate of the first party is decreased, the second party will shorten a length of the power control command and, correspondingly, when the transmission rate is increased the second party will extend the length of the power control command.
- 1 5. (Twice Amended) The method as defined in claim 1, wherein when the
 2 transmission rate of the first party is decreased, the second party will lower an energy
 3 of power control commands to be sent to the first party and, correspondingly, when the
 4 transmission rate of the first party is increased, the second party will increase the
 5 energy of power control commands